

# Did I think about God today?

For those who do not know my lifestyle, it is actually pretty dry. My days are filled with dance, conditioning classes and dance practices. Add to the fact that I juggle all these in between my work. I do not have the time for stuff that average people do other than the occasional date nights my hubby and I set aside for a movie in the theater. There are times I worry that my passion in dance consume me so much so that it will become an idol in place of God. That day, I felt a need to touch base with Him so I went to read up on my devotion for the day. However, I was so exhausted physically that looking at the printed words made my head spin.



Giving up, I plugged into my ear pods and closed my eyes to focus on the music in the playlist. Strangely, images of movements formed behind my eyelids and my body moved to the swell of the music. The feeling I felt at that moment was so beautiful that I asked God if this is Him. Yes, it is Him. This is Him in another form, multiple forms. God showed me He is not limited in ways of showing Himself. This is Him answering a question I have been pondering over the past few days when I saw a Christian artiste shared in a video about feeling God in his music (he specializes in contemporary songs). I was wondering how the experience would be like for a dancer like me. Now I do.

I am sure many of us lead lives just as busy, whether with work, caring for your children or with other commitments. Sometimes, we may not even remember if we had prayed or even consciously gave God a thought during those busy days.

## Does the bible say anything about thinking of God?

Let's check out **1 Chronicles 13:2-3**

*2 He then said to the whole assembly of Israel, "If it seems good to you and if it is the will of the Lord our God, let us send word far and wide to the rest of our people throughout the territories of Israel, and also to the priests and Levites who are with them in their towns and pasturelands, to come and join us. 3 Let us bring the ark of our God back to us, for we did not inquire of it during the reign of Saul."*



After David assumed the throne of Israel, he recognised that the people had been remiss in thinking about God. Their leader, King Saul, had been unfaithful to God and had not sought His guidance for some time. David's first royal act was to bring the

ark of the covenant to Jerusalem, back to its place at the center of worship among the people of God as a **physical reminder** of God's presence, sovereignty and faithfulness.



Ever wonder why many of the great cathedrals of Europe were built in the center of towns, the hub of people's business and worship life? Physical reminders of God

help us take time to talk and listen to Him. In Singapore, we are fortunate to have churches within a few kilometers of our living quarters. Our churches today are also physical reminders of God. When we step into our church building, we are reminded to meet God there. When we attend care groups gatherings, we are reminded of Him through God's people. We can also place reminders around our homes or office to help trigger thoughts of God. Don't let a day go by after which we wonder, *Did I think about God today?* Always let God be the center of our lives. Remember to ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened. (Matthew 7:7-8)

If we develop eyes to see, God will give us glimpses of Himself through people, the beauty of nature or in other forms. When that moment happens, take time to whisper a prayer of adoration, love and thanksgiving. Thank Him for encircling you with loving friends and family.

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